MCASA
Maryland Coalition Against Sexual Assault

Rape Crisis and Recovery Centers

FACT SHEET

Introduction: What is a Rape Crisis and Recovery Center?

Rape Crisis and Recovery Centers (RCCs) provide confidential services to adult and child victims of sexual assault. These services are also available to the families, partners, and loved ones of victims. Services are provided in a trauma-informed manner to assist in the mental recovery process after an assault, for both the survivor and the survivor's loved ones. RCCs aim to work with survivors directly within their community and aid in their navigation of life after an assault has occurred.

What services are available at RCCs?

RCCs offer a variety of services to survivors of sexual violence to provide them with care that fits their emotional needs. Available services include:

- Crisis intervention, counseling, and referrals.
- Victim accompaniment to hospitals, police interviews, and court to provide support and information about options.
- 24-hour Crisis Hotline with counselors trained to listen and offer information.
- Individual, group, and family therapy.
- Assistance navigating the legal and judicial systems.

What do services at RCCs cost, and who administers them?

All crisis-intervention, referral, and accompaniment services are **free**. This includes use of the 24-hour crisis hotline and hospital victim accompaniment during sexual assault forensic exams (SAFEs).

Victim hospital accompaniment is offered by a rape crisis center advocate. During hospital accompaniment, the advocate helps ensure that a survivor's needs and wishes are met, provides emotional support and crisis intervention as necessary, and ensures the survivor has information for ongoing support services. Their experience, specialized training, and access to MCASA member program resources allow them to address a wide range of survivor needs. To learn more about victim advocates, visit our website.

Clinical services provided by specially trained psychologists, social workers, and paraprofessionals are either free or based on a sliding scale according to individual financial resources. Programs may also accept private insurance, medical assistance, or Medicare, and most offer subsidized fees. **No one is turned away due to inability to pay for services.**

Where are RCCs in my community?

Maryland has 17 RCCs located throughout the state; there is one RCC per each jurisdiction. To learn more about your local RCC, visit our website for a complete list of Maryland's Rape Crisis Centers.

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